

## STARTERS

- SOUP OF THE DAY** ..... £ 4.95  
Served with Bread & Butter
- NACHOS (V)** ..... £ 5.50  
Tortilla Chips topped with Melted Cheese,  
Guacamole, Salsa, Sour Cream & Jalapenos
- MOZZARELLA IN CAROZZA (V)** ..... £ 5.95  
Fried Mozzarella Cheese topped with our  
special Tomato Sauce
- PATE DELLA CASA** ..... £ 5.95  
Home-made Chicken Liver Paté, served on the plate  
with Toasted Bread
- FUNGHI ALLAGIO (V)** ..... £ 5.95  
Button Mushrooms cooked in Garlic & Butter
- PAPAS FAVORITAS (V)** ..... £ 5.95  
Potato Skins, filled with Cheese,  
Sour Cream & Salsa Mexicana
- SPICY PRAWNS** ..... £ 7.95  
Grilled Prawns served in Garlic, Ginger, Coriander,  
Cumin & Honey Sauce
- MOULES MARINIÈRE** ..... £ 7.95  
**(ALSO AVAILABLE AS MAIN COURSE £12.95)**  
Fresh Mussels cooked in White Wine, Cream,  
Garlic, Lemon & Herbs
- AVOCADO SALMON** ..... £7.95  
Smoked Salmon with Avocado, Salsa, Prawns &  
a hint of Lime & Mustard dressing
- AUBERGINE MEDITERRANEAN (V)** ..... £ 6.95  
Grilled Aubergine cooked with Garlic, Herbs, Onion & Pine  
Nuts, served with Dried Yoghurt & warm Minted Tortillas
- CRISPY DUCK PARCELS** ..... £ 7.50  
With Juliennes of Cucumber, Scallions & Chinese Plum sauce
- BANDERA (V)** ..... £ 5.95  
Mozzarella Cheese, Beef Tomato & Avocado,  
served with Pesto Dressing
- SARDINNA A PORTUGESA** ..... £ 6.95  
Sardine Fillets served on Mixed Salad Leaves  
& topped with Garlic Butter & Chilli Oil Sauce
- LANGOSTINOS PICANTES** ..... £ 8.95  
Spicy King Prawns in Garlic Sauce

## VEGETARIAN

- BERENJENAS COUS COUS (V)** ..... £ 10.95  
Stuffed Aubergine with Cous Cous, Apricot, Sun-Dried  
Tomatoes, Roasted Peanuts & Lemon Zest
- BRAISED AUBERGINE (V)** ..... £ 10.95  
Mixture of Aubergine, Tomatoes, Shallots, Garlic  
& Fresh Herbs, served with Spicy Yogurt Sauce
- GRILLED VEGETABLES WITH SALSA VERDE (V)** .. £ 10.95  
Grilled mixed Vegetables in a Salsa Verde Sauce

## SALADS

- CHICKEN CAESAR SALAD** ..... £ 9.50  
A Grilled Chicken Breast, served with Lettuce,  
Parmesan, Anchovies, Croutons & Caesar Dressing
- CHICKEN AVOCADO SALAD** ..... £ 9.50  
Marinated Chicken Strips and Avocado, served on  
Mixed Leaves with a Garlic Mayo Dressing
- PRAWNS AND SALMON SALAD** ..... £ 9.95  
Smoked Salmon rolled with Prawns, topped with Marie Rose Sauce
- GOAT'S CHEESE & CRANBERRY SALAD (V)** .. £ 8.95  
Melted Goat's Cheese on Toasted Onion Bread,  
served on Mixed Leaves with Cranberry Sauce

## PASTA DISHES

- SPAGHETTI NAPOLI (V)** ..... £ 9.50  
Spaghetti in Tomato & Basil Sauce
- SPAGHETTI BOLOGNESE** ..... £ 10.95  
Spaghetti, minced beef cooked with onions, tomato & herbs
- SPAGHETTI MARINARA** ..... £ 10.95  
Spaghetti with Seafood, Garlic & Tomato Sauce
- PENNE AMATRICAINA** ..... £ 10.95  
Pasta Tubes with Mushrooms & Bacon in a Tomato,  
White Wine & Garlic Sauce
- PENNE PAPA** ..... £ 10.95  
Pasta Tubes with Onions, Peppers, Prawns, Garlic &  
White Wine in Tomato Sauce with a dash of Cream
- PENNE SICILIANA** ..... £ 10.95  
Pasta Tubes with Tomato, Garlic, Olives, Aubergines & Chicken Strips
- PENNE FIORENTINA (V)** ..... £ 10.95  
Pasta Tubes served with Spinach, wild Garlic, Broccoli &  
Pine Nuts in Pesto Sauce
- PENNE PUTANESCA** ..... £ 10.95  
Pasta Tubes with Sausage, Onions, Olives, White wine,  
Garlic & Tomato Sauce
- TAGLIATELLE CARBONARA** ..... £ 10.95  
Pasta Ribbons in Bacon & Cream Sauce
- TAGLIATELLE AL SALMONE** ..... £ 10.95  
Pasta Ribbons with Salmon in a Cream, Tomato & Asparagus Sauce
- TAGLIATELLE PRUNCIPIESA** ..... £ 10.95  
Pasta Ribbons cooked with Asparagus, Bacon, Mushrooms,  
Olives, Garlic, with a dash of Cream & Tomato Sauce

## RISOTTO RICE DISHES

- RISOTTO ROMANESE** ..... £ 9.95  
Mushrooms, Chicken & Asparagus
- RISOTTO CURRY (V)** ..... £ 9.95  
Mixture of Vegetables, Cheese & Creamy Curry Sauce
- RISOTTO AL SALMONE** ..... £ 10.95  
Diced Salmon, Spinach, Peas, Watercress & Garlic
- RISOTTO A LA MARINARA** ..... £ 10.95  
Mixed Seafood, Tomato & Garlic

## PIZZA

All Pizzas are 12" Thin Crust

- MARGARITA (V)** ..... £ 8.95  
Tomato, Mozzarella Cheese & Basil
- PROSCIUTTO FUNCHI** ..... £ 10.50  
Tomato, Mozzarella Cheese, Mushroom & Ham
- VEGETARIANA (V)** ..... £ 10.50  
Tomato, Mozzarella Cheese, selection of Vegetables,  
Olive oil, Garlic & Herbs
- MEXICANA** ..... £ 10.95  
Tomato, Mozzarella, Pepperoni, Fresh Green Chillies & Jalapenos
- SICILIANA** ..... £ 10.95  
Tomato, Mozzarella, Chicken Strips, Red Peppers,  
Asparagus & Sweet Corn
- FIORENTINA (V)** ..... £ 10.95  
Tomato, Mozzarella, Spinach, Mushrooms, Egg, Garlic & Parmesan
- LEONARDO** ..... £ 10.95  
Tomato, Mozzarella, Ham, Pepperoni, Peppers, Chilli & Parmesan
- MICKAELLA** ..... £ 10.95  
Tomato, Mozzarella, Ham, Pineapple
- MAFIOSA** ..... £ 10.95  
Tomato, Mozzarella, Mushrooms, Ham, Pepperoni & soft Egg
- MARINARA** ..... £ 10.95  
Tomato, Selection of Seafood, Garlic & Olives
- GIADINERA (V)** ..... £ 10.95  
Red Onions, Black Olives, Cherry Tomatoes,  
Goats Cheese & Basil
- CALZONE** ..... £ 10.95  
Rolled Pizza with Mozzarella Cheese, Pepperoni, Ham,  
Peppers, Green Chillies & topped with Spicy Tomato Sauce

## CHICKEN

All the following include a selection  
of Fresh Vegetables of the Day

- POLLO TARRAGON** ..... £ 14.95  
Breast of Chicken cooked with Tarragon, Garlic & White Wine  
Sauce
- POLLO APRICOTE** ..... £ 14.95  
Breast of Chicken cooked with Apricots, Spice & White Wine  
Sauce
- POLLO GRANDE** ..... £ 14.95  
Breast of Chicken filled with Spinach, Ricotta Cheese  
and Pine Nuts, topped with Bacon & cooked in a Cream  
& Coarse Mustard Sauce
- POLLO CURRY** ..... £ 14.95  
Breast of Chicken cooked in an Apple & Creamy Curry Sauce,  
served with Rice
- POLLO PEPE** ..... £ 14.95  
Breast of Chicken stuffed with Asparagus, Carrots  
& served in Peppercorn & Mushroom Cream Sauce



## BEEF

All the following include a selection of Fresh Vegetables of the Day

### ENTROCOTE STROGONOFF ..... £ 17.95

Grilled 8oz Sirloin Steak cooked with Mushrooms, Mustard, Brandy & Red Wine Cream Sauce

### ENTROCOTE ROSSINI ..... £ 17.95

Grilled 8oz Sirloin Steak cooked in Brandy & Cream, topped with toasted Paté

### ENTROCOTE A LA CREMA ..... £ 17.95

Grilled 8oz Sirloin Steak cooked with Asparagus, Tarragon, Cream & topped with Grilled King Prawn

### FILETTO VERDE ..... £ 22.50

Grilled 8oz Fillet Steak cooked with Ham, Mushrooms & Garlic in a Red Wine & Pesto Sauce

### FILETTO PEPE ..... £ 22.50

Grilled 8oz Fillet Steak with Pepper Sauce

### FILETTO MIGNON ..... £ 22.50

Grilled 8oz Fillet Steak cooked with Dijon Mustard, Oyster Mushrooms and Garlic in a Cream & Brandy Sauce

## LAMB

All the following include a selection of Fresh Vegetables

### LAMB MARSALA ..... £ 17.95

Fillet of Lamb in Tarragon, Marsala, Spinach, Red Wine & Redcurrant Sauce

### LAMB AL MIELE ..... £ 17.95

Fillet of Lamb cooked in Red Wine, Honey & Rosemary

### LAMB PORT ..... £ 17.95

Fillet of Lamb cooked in Sweet Port Wine with Roasted Pine Nuts, Grilled Shallots & Redcurrant Sauce

### CHOPPED RACK OF LAMB MENTA ..... £ 18.95

Rack of Lamb grilled & sliced, cooked in Honey & Fresh Mint & topped with Roasted Pine Nuts

### CHOPPED RACK OF LAMB ORANGE ..... £ 18.95

Rack of Lamb grilled & sliced, cooked in Cointreau, Orange & Cranberry Sauce

### CHOPPED RACK OF LAMB SPINACH ..... £ 18.95

Rack of Lamb cooked with Whole Grain Mustard and Crushed Peppercorn, served with Creamy Spinach Sauce

## FISH

All the following include a selection of Fresh Vegetables

### SALMON COCONUT ..... £ 16.95

Grilled Salmon Fillet Marinated in Spicy Ginger, Turmeric & White Wine Vinegar, cooked in Coconut Cream & served with Rice

### SALMON PLOUGH ..... £ 16.95

Grilled Salmon Fillet cooked with Garlic, Bacon & Spinach, served in Tomato & Cream Sauce

### FILET OF SOLE BOSCO ..... £ 16.95

Pan-fried Fillet of Sole with Prawns, Mussels, Mushrooms & creamy White Wine Sauce

### FILET OF SOLE FIORENTINE ..... £ 16.95

Pan-fried Fillet of Sole with Spinach & Prawns in Rich Mornay sauce

### SEABASS MANGO ..... £ 16.95

Grilled Seabass Fillet, Spring Onions, Garlic, Mango & Tarragon sauce

### SEABASS DE GAMBAS ..... £ 17.95

Grilled Seabass Fillet cooked with Prawns, Garlic, Cumin, Ginger & Coriander served with Honey sauce

### SEABASS AL LIMONE ..... £ 16.95

Grilled Seabass Fillet cooked in a Saffron & Lemon Sauce

## PLOUGH'S SPECIALITIES

All Fajita Dishes are served on a sizzling plate with Flour Tortillas, Guacamole, Salsa & Sour Cream

### LAMB & BEEF FAJITAS

FOR ONE ..... £ 16.95 FOR TWO .... £ 30.95

A shredded Sirloin & Lamb Fillet with strips of Onions & Peppers

### CHICKEN FAJITAS

FOR ONE ..... £ 15.95 FOR TWO .... £ 29.95

A shredded Chicken Supreme served with strips of Onions & Peppers

### PRAWN FAJITAS

FOR ONE ..... £ 17.95 FOR TWO .... £ 32.95

Marinated King Prawns served with strips of Onions & Peppers

### COMBINATION FAJITAS

FOR ONE ..... £ 17.95 FOR TWO .... £ 33.95

Chicken Supreme, Sirloin, Lamb Fillet, Marinated King Prawns served as above

### VEGETARIAN FAJITAS (V)

FOR ONE ..... £ 15.95 FOR TWO .... £ 29.95

Mixture of Seasonal Vegetables Supreme served with Herbs, Garlic & White Wine

### SPARE RIBS ..... £ 16.50

Pork Ribs in our Special Barbecue Sauce, served with French Fries

### PORK FILLET PORT ..... £ 15.95

Grilled Pork Fillet, cooked with Figs in a Sweet Port Wine, served with Vegetables & Mash Potatoes

### LAMB SHANK ..... £ 16.95

Oven-cooked with Herbs & Red Onions, served with Vegetables & Mash Potatoes, topped with Onion Gravy

## SIDE ORDERS

### BREAD AND BUTTER ..... £ 1.95

### GARLIC BREAD ..... £ 2.45

### GARLIC BREAD WITH CHEESE ..... £ 3.50

### FOCACCIA ..... £ 4.95

Pizza Bread with Garlic Butter & Basil Dressing

### POTATO WEDGES ..... £ 3.50

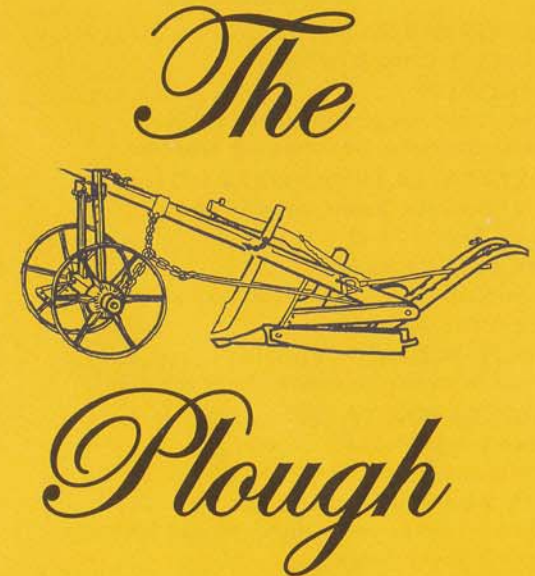
### FRENCH FRIES ..... £ 2.60

### MIXED VEGETABLES OF THE DAY ..... £ 3.95

### MIXED SALAD ..... £ 5.50

### WARM OLIVES IN GARLIC & HERBS ..... £ 4.95

### TOMATO & ONION SALAD ..... £ 5.50



## RESTAURANT MENU

(Takeaways are also available)

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[www.theploughpycombe.co.uk](http://www.theploughpycombe.co.uk)

### - OPEN 7 DAYS A WEEK -

Mon - Sat, 11.30am till late;  
Sun 12 noon till late; Bar & Restaurant  
Open All Day (inc. Bank Holidays)

### - SUNDAY ROASTS -

during Winter & Autumn months, whilst available

### SUMMER BBQ (weather permitting)

on Summer weekends and public holidays

(V) ~ denotes vegetarian dishes; all prices include VAT  
10% service charge will be added to parties of 5 and over